

COVID SAFETY GUIDELINES



A GUIDEBOOK FOR RESIDENTS AND COMMERCIAL ESTABLISHMENTS

Please visit miamidade.gov/covid for the most up-to-date information and other resources as we work together to keep our community safe and healthy.

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LETTER FROM THE MAYOR



Since taking office in November, my top priority has been to protect both lives and livelihoods as we continue to navigate this pandemic together. My first act as Mayor was to appoint Miami-Dade's first Chief Medical Officer, Dr. Peter Paige of Jackson Health System, to help guide a pandemic response grounded in data and science. And we have continued to prioritize common-sense measures and policies that protect residents, businesses, and visitors alike while moving our economy forward safely.

The updated guidelines in this guidebook – developed in close collaboration with the Chief Medical Officer and guided by other medical and industry experts – are based on the latest data about the spread and impacts of coronavirus. As we pass the one-year mark of this crisis, our scientific understanding of the virus has evolved, and it's important that our protocols reflect the most current science and available information. We have worked hard to provide new specific recommendations for visitors to parks and open spaces and recommendations for business opening, including reviewing detailed protocols for a handful of specific business categories.

The fundamentals in a sound COVID response have not changed, and that's why it's essential that we continue taking key actions we know are effective in fighting the spread: **wearing masks, maintaining social distance, and sanitizing frequently.** It's thanks to the steps we have taken together that we have already made great progress, with our positivity rate steadily trending in the right direction. As vaccination ramps up with expanded supply and eligibility, it's critical that we stay vigilant and remain consistent in following these public health guidelines to get us safely through the final chapter of the pandemic.

This guidebook is designed to be a useful tool for you, our residents, and we continue to revise and adapt based on new input, data, and questions from the community. I encourage you to read the complete guidebook, and to reach out to my team with any feedback or ideas by emailing covidsafetyguidelines@miamidade.gov.

Through all the enormous challenges of the past year, our community has pulled together like never before to protect one another. I know that our best days are ahead and that we will rebuild from this crisis as a more united, more resilient Miami-Dade. Thank you to each and every one of our residents for the critical role you play in getting us over the finish line and helping get back to normal. Please continue to stay safe – and get vaccinated as soon as possible.

Sincerely,

A handwritten signature in blue ink that reads "Daniella Levine Cava". The signature is written in a cursive, flowing style.

Introduction

This guidebook has been prepared for you – the residents, business and commercial establishment owners and people who operate other facilities throughout Miami-Dade County – to provide information to keep you as safe as possible during this pandemic. For your reference, the administration of vaccine has allowed Miami-Dade County to relax and remove the most stringent restrictions and rigid requirements.

Guided by facts about the disease, data review, vaccine availability and business operations provided by medical and industry experts, the protocols included in this document have been developed by County staff to guide our community as we thoughtfully continue to reopen our community and allow for activities that have been suspended or modified due to the COVID-19 pandemic. A dashboard has been developed to provide interested people with the up-to-date information we have to help us make decisions regarding these protocols and track the impacts of our actions.

This guidebook is intended to be a dynamic document and we want it to be useful to you. Should you have any questions or suggestions, please send an email to covidsafetyguidelines@miamidade.gov. We want to be responsive to our ever-changing and ever-challenging situation.

The top priorities for these guidelines are to promote and protect the health and safety of all staff, residents, visitors, facility users and patrons. The following key factors were considered:

- Capacity limits and social and physical distancing
- Use of facial covering in the facility
- Increased air filtration and ventilation
- Adherence to CDC and DOH guidance to control spread of germs
- Proper cleaning and disinfecting protocols
- Appropriate staff training, supervision and patron monitoring and reporting.

General Overview

Two primary Emergency Orders remain in effect at this time: [Emergency Order 27-20](#) (curfew order) and [Emergency Order 33-20](#) (the County's new, overarching order for residents, visitors and commercial establishments). These orders contain mandates that all people in Miami-Dade County are legally required to follow. This Guidebook provides additional guidance to keep you as safe as possible throughout this pandemic.

Individual and Family Guidance

Any time individuals are gathering with other people, they are at risk of exposure to SARS-CoV-2, the virus that causes COVID-19. COVID-19 is spread through respiratory droplets produced when an infected person coughs, sneezes or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. People with symptoms and without symptoms can spread the virus.

COVID-19 can lead to serious medical conditions and even death for people of all ages. We cannot predict who will become severely ill, although we know that older people and people with underlying health conditions are at higher risk. We do not yet know what the long-term effects of infection from COVID-19 are; even people with mild cases may experience long-term complications.

The best way to prevent illness is to avoid being exposed to this virus. The masking, social distancing, and other safety precautions included in these guidelines reduce the risk of spreading COVID-19, but do not eliminate the risk entirely. We can all take these actions to protect ourselves, our families, and others throughout our communities. This applies to people who have already been vaccinated, too.

Always:

- Stay home when sick.
- Stay at least 6 feet apart from other people.
- Wear face coverings while indoors and outdoors.
- Wash your hands often.
- Cover your mouth and nose when you cough or sneeze.
- Don't touch face (mouth, nose, eyes) after touching a surface without washing/sanitizing hands.

General Business Guidelines

The following guidelines are evidence-based practices with universal business application to reduce the spread of COVID-19 within the community.

Facial Covering

- A. A mask is NOT a substitute for social distancing. Masks must still be worn in addition to staying at least 6 feet apart, especially when indoors around people who don't live in your household.
- B. People age 2 and older must wear a mask while in public settings and when around people who do not live in their household.
- C. Masks must completely cover the nose and mouth and fit snugly against the sides of face without gaps.
- D. Masks must always be worn while in public settings unless you are actively eating or drinking in designated areas, such as at your seat or physically distanced individual tables.
- E. Masks must be worn any time you are traveling on a plane, bus, train, taxi, or other form of public transportation.
- F. Wash your hands with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol after touching or removing your mask.
- G. Masks may not be necessary when you are outside by yourself or with people who live in your household, provided you can maintain a distance of at least 10 feet and have a mask with you to put on when you encounter other people.
- H. Do not wear a mask when doing activities that may get your mask wet, like swimming at the beach or pool. A wet mask can make it difficult to breathe and may not work as well when wet.
- I. Masks must always be worn while in public settings, but if you are unable to wear a mask because of difficulty breathing during high intensity activities, choose a location with greater ventilation and air exchange (for instance, outdoors versus indoors) and where you can maintain

physical distance from others during the activity. If such a location is not available, opt for low-intensity activities such as walking or yoga that allow for mask wearing.

- J. The [CDC recommends wearing a mask while dining in a restaurant](#), particularly indoors and when speaking with restaurant workers and servers, except when actively eating or drinking. The risk of COVID-19 spread increases in a restaurant or bar setting as interactions within 6 feet of others increase.

Physical Distancing

- A. Maintain at least 6 feet of physical distance from people not members of the same household.
- B. The CDC allows physical distancing to be at least 3 feet for daycare and elementary school age children in a classroom setting, provided there is universal masking at all times and the adults continue to maintain the current physical distancing recommendations of at least 6 feet. See [CDC Guidance](#).
- C. Facilities must promote physical distancing by closing or configuring common spaces and high-density areas where people are likely to congregate.
- D. Redesign workstations to allow for at least 6 feet of physical distancing. Use physical partitions to separate workstations that cannot be spaced out; partitions must be at least 6 feet tall.
- E. Employers must configure break rooms to adhere to physical distancing requirements or limit to using appliances such as coffee makers, refrigerators, or microwaves.
- F. Post signs or markers near restrooms to remind people to maintain the appropriate social distance of at least 6 feet.
- G. Establish specific hours for admittance for people at higher risk for severe COVID-19 complications; consider offering virtual services to these members.
- H. Encourage use of technological solutions where possible to reduce person to person interaction (e.g., contactless payment, mobile ordering, and curbside pick-up).
- I. Limit the number of individuals riding in an elevator to allow for physical distancing and ensure the use of face coverings. Use signage to communicate these requirements.

Business Occupancy

- A. Businesses may function at full occupancy, provided that the space and configuration can adhere to physical distancing requirements for all occupants, including workers. If the allowable number of people creates congregation, congestion or bottlenecking that does not allow for proper physical distancing, the business must further reduce the number of people it allows to a level that achieves consistency with these requirements.
- B. Businesses must monitor and manage the entries and exits to ensure the maximum occupant capacity is not exceeded. Businesses may establish a system for advanced reservations or appointments (e.g. virtual, on-line, app-based, email, will-call) to ensure occupant capacity is not exceeded.

- C. Limit the number of occupants within a vehicle that allows for at least 3 feet of physical distance between the driver and all passengers from same household, and between all passengers from different households. This means that a smaller transport vehicle will only allow for passengers from a single household, while a larger transport vehicle (e.g., shuttle bus) may allow multiple households at reduced capacity to allow for sufficient spacing. All occupants must adhere to the facial masking guidelines. Use the vehicle's ventilation system and windows to exchange fresh air in from outside the vehicle.

Communication and Signage

- A. Post visible signage throughout the site to promote facial covering, physical distancing, frequent hand washing, respiratory etiquette, and illness reporting.
- B. Use audio messages to reinforce physical distancing of at least 6 feet apart from people of different households or pods.
- C. Establish directional pathways to manage guest flow for foot traffic, to minimize contact (e.g., one-way entrance and exit to rooms, one-way pathways). Post clearly visible signage regarding these policies.
- D. Post CDC signage in publicly trafficked locations emphasizing measures to “Stop the Spread of Germs” (CDC) and exercise social responsibility (e.g., hygiene).

Health and Hygiene

- A. Provide access to handwashing facilities or hand sanitizer at each entry/exit and throughout the facility to encourage handwashing and minimize crowding, congestion, and lines. Workers must wash or sanitize their hands upon entering or exiting the facility. Use soap and water for at least 20 seconds or an alcohol-based hand sanitizer that contains at least 60% alcohol to clean hands until the sanitizer evaporates.
- B. Require workers to wash hands frequently and effectively when they arrive at work, leave their workstations for breaks and use the bathroom; before and after they eat or drink or use tobacco products; and after touching any surfaces suspected of being contaminated.
- C. Provide supplemental hand sanitizer stations, wipes or towelettes, or clean water and soap in portable containers to facilitate more frequent handwashing after handling objects touched by others. Ensure each site has appropriately placed trash receptacles.
- D. Ensure workers use proper respiratory hygiene and cough etiquette while at the facility. Cover mouth and nose with a tissue when coughing or sneezing. Dispose of tissue in nearest waste basket after use. Perform handwashing with soap and water or use alcohol-based hand sanitizer that contains at least 60% alcohol to clean hands.
- E. Shared equipment must be sanitized before, during and after each shift or anytime the equipment is transferred between workers.
- F. Shared work vehicles must be sanitized before, during and after each shift or anytime the vehicle is transferred between workers.

- G. Water fountains are open, provided frequent cleaning is scheduled throughout the day. The use of a touchless water-filling station to fill bottles or using disposable cups is preferred.
- H. Any equipment used during personal training sessions must be sanitized after each use, or at the end of the session if the client was the only person who used the equipment during the session.
- I. Food and beverages must only be consumed while seated in designated areas while indoors.
- J. Utensils and place settings must be either single-use or sanitized after each use; utensils must be rolled or packaged. Tables must not be pre-set to reduce opportunity for exposure.
- K. Self-serve food and beverage stations must comply with the following guidelines:
 - 1. A physical barrier such as a sneeze guard must be in place.
 - 2. Hand sanitizer must be made available for customers to use prior to serving self and attendants must supervise customers' appropriate use.
 - 3. Only straws and stirrers individually wrapped in cellophane or paper are allowed.
 - 4. Containers must be from single pull dispenser or other method to minimize contact.
 - 5. Condiments must be individual packets.

Plan Administrator

- A. Designate one person from your leadership team or staff to be the “**Plan Administrator**” to prepare, evaluate, monitor, execute, and update the plan.
- B. The plan must be posted onsite in an easily accessible location so all leadership, staff, and volunteers can easily review it.

Employee Training

- A. Provide training to workers on up-to-date safety information and aimed at reducing disease transmission. Employees must know:
 - 1. The signs, symptoms, and risk factors associated with COVID-19 illness.
 - 2. How to prevent the spread of the coronavirus at work; including steps being taken in the workplace to establish physical distancing, frequent handwashing, and other precautions.
 - 3. The importance of hand washing and how to effectively wash hands with soap and water for at least 20 seconds.
 - 4. Proper respiratory etiquette, including covering coughs and sneezes and not touching eyes, noses, or mouths with unwashed hands or gloves.

Health Screening

- A. Employers must perform Health Screening for all workers entering the business and establish procedures for addressing people who are potentially infectious. This can be done remotely or in person.

- B. In-person screening must be carried out in a way that maintains physical distancing of workers in a designated screening area. Workers must not enter the worksite past the screening area if any of the following are present:
 - 1. Symptoms of COVID-19
 - 2. Fever of 100.4 degrees Fahrenheit (°F) or higher or report feeling feverish
 - 3. Undergoing evaluation for SARS-CoV-2 infection (such as pending viral test)
 - 4. Diagnosis of SARS-CoV-2 infection in the prior 10 days
 - 5. Close contact to someone with SARS-CoV-2 infection during the prior 14 days
- C. Employees who appear to have symptoms upon arrival at work or who become sick during the day must immediately be separated from other employees, customers, and visitors, and sent home.
- D. Employer must have a procedure in place for the safe transport of an employee who becomes sick while at work. The employee may need to be transported home or to a healthcare provider.

Sick Employees

- A. Require sick workers to stay home or go home if they feel or appear sick.
- B. Encourage workers who test positive for COVID-19 to disclose to the employer for purposes of cleaning/disinfecting and contact tracing.
- C. Maintain a log of workers and attendees to support contact tracing (name, date, time, contact information).
- D. Any business that has a worker who tests positive must follow CDC Guidelines for [quarantine](#), [isolation](#), and [cleaning disinfection](#). The employer must immediately notify the Florida Department of Health (FDOH) of any positive case.
- E. Contact Tracing
 - 1. To the extent possible, employers must retrace the activities of the infected employee and notify any co-workers who might have had contact with that person in the days before the diagnosis. The CDC has determined that COVID-19 exposure risk begins when someone is [within 6 feet of the infected person for 15 minutes over a 24-hour period](#). The agency also notes that infected people can spread the virus 48 hours before the onset of symptoms.
 - 2. Refer all employees with documented exposure for testing and quarantine until cleared to return.
 - 3. Under no circumstances shall an employee or contractor who tested positive report to work at an establishment until that employee is cleared by a medical professional as being COVID-19 free “not transmissible.”

- F. Employers do not need to require a negative COVID-19 test before employees return to work. Refer to [CDC guidelines](#).
 - 1. Those who never develop symptoms can end isolation 10 days after testing positive.
 - 2. Those who developed mild symptoms can end isolation after 10 days if at least 24 hours have passed without fever reducing agents and other symptoms have improved.
 - 3. Those who developed severe symptoms or immunosuppressed may need to continue isolation for a full 14 days or longer.

Cleaning and Disinfecting

- A. Conduct frequent cleaning and disinfection of site (at least daily and more frequently if feasible).
- B. Clean commonly touched surfaces in restrooms (e.g., toilet seats, doorknobs, stall handles, sinks, paper towel dispensers, soap dispensers) frequently and in accordance with CDC guidelines.
- C. Conduct frequent disinfecting of heavy transit areas and high-touch surfaces (e.g., doorknobs, bathrooms, baskets, carts, staff break rooms).
- D. Maintain a Cleaning Log that includes date, time, and scope of cleaning.
- E. All hotels must maintain regular daily housekeeping practices and use [EPA approved cleaning solutions](#) only.
- F. In the event of a positive case, follow current [CDC guidance on cleaning and disinfecting](#) areas when someone has a COVID-19 diagnosis.
- G. Increase ventilation, intake of outdoor air and exhaust of indoor air, to reduce the concentration of virus particles in indoor air.
 - 1. Open windows and doors to increase airflow where possible.
 - 2. Increase the percentage of outdoor air through the HVAC system, readjusting or overriding recirculation dampers.
 - 3. Try to keep the humidity between 40% and 60%.
 - 4. Run air handling systems for longer hours, including before and after the space is occupied.

Industry Specific Recommendations

Retail Establishments

- A. Encourage the use of home delivery, curbside pickup, or arrange limited “appointment only shopping” for customers.
- B. Retailers may allow single-use sampling of personal goods (makeup, perfume, lotion) or using a no-touch option.

- C. Consider reducing store hours to allow for proper cleaning and stocking.
- D. Consider special store hours for seniors and vulnerable guests.
- E. Consider creating shift work groups to ensure easier tracking and tracing and design no overlap shifts.
- F. Consider using steam to sanitize items that have been tried on or returned by customers.

Food and Beverage

- A. Designate assigned working areas to workers where possible to limit movement throughout the restaurant and limit contact between workers (e.g., assigning zones to servers).
- B. Change restaurant and bar layouts to ensure that all customer parties remain at least 6 feet apart (e.g., removing tables/stools/chairs, marking tables/stools/chairs that are not for use).
- C. Offer drive-through, curbside take out, or delivery options as applicable. Prioritize outdoor seating as much as possible.
- D. Ensure adequate supplies to minimize sharing of high-touch materials (e.g., serving spoons) to the extent possible; otherwise, limit use of supplies and equipment by one group of workers at a time and clean and disinfect between use.
- E. Avoid using or sharing items that are reusable, such as menus, condiments, and any other food containers. Instead, use disposable or digital menus (menus viewed on cellphones), single-serving condiments, and no-touch trash cans and doors.
- F. Use touchless payment options as much as possible, if available. Ask customers and employees to exchange cash or card payments by placing on a receipt tray or on the counter rather than by hand to avoid direct hand to hand contact. Clean and disinfect frequently touched surfaces such as counters, or hard surfaces between uses. If pens are needed for some purposes, disinfect between uses and/or encourage customers to use their own pens.
- G. Consider using disposable food service items (e.g., utensils, dishes, napkins, tablecloths). Change and launder linen items (e.g., napkins and tablecloths) after each customer or party's use. Employees should wash their hands after removing their gloves or after handling used food service items.

Hotel and Lodging

- A. Minimize shared touch surfaces such as kiosks, tablets, pens, credit cards, receipts and keys.
- B. Guest room service, laundry and dry-cleaning services, and amenity deliveries should be made available using contactless pick-up and delivery protocols.
- C. Remove or limit paper amenities in guest rooms. Remove pen, paper and guest directory, magazines and brochures; supplement with digital material or make materials available upon request.
- D. Valets should be provided with hand sanitizer and should use sanitizer before and after parking vehicles.

- E. Hotels who participate in the training offered by the Hospitality Employees Advancement and Training (HEAT) program will recall displaced employees based on their length of service before hiring new employees.

Personal Care and Salon

- A. Service Providers and Artists should wear aprons.
- B. Customers to wear face masks (coverings may be removed for a short time when necessary to perform face services as instructed by groomer/stylist).
- C. Discard old magazines and other non-essential items in the waiting area that cannot be disinfected.
- D. Empty wax pots, completely clean and disinfect, and refill with new wax.
- E. All clean linens should be stored in closed covered cabinets.

Places of Worship

- A. Consider both limiting seating to alternate rows and assigning seating in advance.
- B. Shorten services to limit the length of time congregants/visitors spend at facilities whenever possible.
- C. Consider scheduling additional times for services or meetings (per day or per week) so fewer guests attend at one time.
- D. Consider using ushers to help people find places to sit and stand that are at least 6 feet apart from other guests/household groups. Develop and communicate a plan to welcome and dismiss congregants/visitors from seating areas, altars, podiums, and meeting rooms in an orderly way to maintain physical distancing and minimize crossflow of traffic.
- E. Avoid assembly line type greetings at the beginning or conclusion of services. Ask congregants/visitors to arrive and leave in a single household group to minimize crossflow of people.
- F. Limit touching for religious purposes, such as shaking hands or holding hands, to members of the same household.
- G. Take steps to ensure limited attendance at gatherings that encourage congregants/visitors to travel and break physical distances, such as concerts and large holiday and life event celebrations and remembrances. Discontinue these activities whenever possible.
- H. Children should remain in the care of those in their household unit and not interact with children of other parties at any time while visiting facilities. Close play areas and discontinue activities and services for children where physical distancing of at least 6 feet cannot be maintained.

Parks and Outdoor Recreation

- A. Picnic and Shelter areas are open, provided appropriate use of approved facial covering, frequent use of hand hygiene, and at least 6 feet of social distancing is maintained between people from different households. Group size shall not exceed the capacity to safely accomplish social distancing at any time. If multiple groups are in a similar space or area, each group is to be physically separated from other groups to accomplish social distancing at all times.

- B. Open Grills may be used, provided appropriate use of approved facial covering, frequent use of hand hygiene, and at least 6 feet of social distancing is maintained between people from different households. Group size shall not exceed the capacity to safely accomplish social distancing at any time. If multiple groups are in a similar space or area, each group is to be physically separated from other groups to accomplish social distancing at all times.
- C. Playgrounds are open, provided appropriate use of approved facial covering, frequent use of hand hygiene, and at least 6 feet of social distancing is maintained between people from different households. Group size shall not exceed the capacity to safely accomplish social distancing at any time. If multiple groups are in a similar space or area, each group is to be physically separated from other groups to accomplish social distancing at all times.
- D. Vehicle parking capacity shall be 100% capacity. Guests are to observe facial covering and social distancing principles. Do not congregate in parking areas.
- E. Organized group activities and athletics will be permitted, provided that appropriate use of approved facial covering, frequent use of hand hygiene, and at least 6 feet of social distancing is maintained between people from different households. Group size shall not exceed the capacity to safely accomplish social distancing at any time. If multiple groups are in a similar space or area, each group is to be physically separated from other groups to accomplish social distancing at all times.
- F. Canopies and tents are allowed, provided appropriate use of approved facial covering, frequent use of hand hygiene, and at least 6 feet of social distancing is maintained between people from different households. If multiple groups are in a similar space or area, each group is to be physically separated from other groups to accomplish social distancing at all times.
- G. Fishing shall be allowed, provided appropriate use of approved facial covering, frequent use of hand hygiene, and at least 6 feet of social distancing is maintained between people from different households. Group size shall not exceed the capacity to safely accomplish social distancing at any time. If multiple groups are in a similar space or area, each group is to be physically separated from other groups to accomplish social distancing at all times.
- H. Practice facilities may open with an operational capacity, provided adherence with approved facial covering, frequent hand hygiene, and social distancing policies.
- I. Individual instruction, team instruction and competitions may resume, provided adherence with approved facial covering, frequent hand hygiene, and social distancing policies.
- J. Golf cart pairings of two riders are allowed, provided appropriate use of facial covering is maintained between people from different households. Golf cart and any rental equipment will be cleaned and disinfected after each use.
- K. Clubhouses may open at operational capacity adhering to social distancing, cleaning, and staffing safety protocols. Food and beverage operations may open in accordance with guidance in the guidebook for Food and Beverage.

- L. Beverage Cart staff will wear facial coverings at all times. Only cart attendant will distribute items from the cart. Enhanced sanitation protocols are in place. All food items are individually wrapped and served to guests. Beverages in cans or other closed containers only.
- M. Locker room use (restrooms, changing clothes, and assigned locker use, etc.) is allowed, provided that facial covering, hand hygiene, and appropriate social distancing polices are adhered to. Towels should be changed and used towels sent for laundering after each guest use.

Entertainment and Meeting Venues

- A. Establish staggered admission-times to minimize overlap and congregating of patrons at checkpoints (e.g., access points, security checkpoints, admission areas, turnstiles, concession areas). Consider prescheduling individually assigned arrival times (e.g., seating furthest from entrances permitted to enter earlier).
- B. For venues hosting multiple events, stagger event times to minimize patrons from different events arriving and congregating with one another.
- C. Assign a number of ushers, monitors, and/or security personnel necessary to facilitate orderly screening and entry into the venue, and to effectively monitor and maintain social distancing throughout the process.
- D. Assigned seats should be delineated by marking, labeling, or taping seating or tabletop areas, or identifying seat assignments.
- E. Delineate seating areas used by groups to maintain physical distancing of at least 6 feet at all times between members of different groups.
- F. Provide staggered seating to ensure proper social distancing and ensure patrons and/or groups are not seated directly next to, in front of or behind other patrons and/or groups.
- G. Keep aisle-seats and space around aisles and pathways open as to ensure proper social-distancing from people walking up and down aisles.
- H. Use app-based ordering to minimize patrons having to wait in line, linger and congregate in concession and merchandise areas.

Day Care and Youth Camps

- A. The CDC allows physical distancing to be at least 3 feet for daycare and elementary school age children in a classroom setting, provided there is universal masking at all times and the adults continue to maintain the current physical distancing recommendations of at least 6 feet. See [CDC Guidance](#).
- B. Establish controlled means of entrance and egress to limit interaction amongst individuals and maintain social distancing:
 - 1. Limit entry to facility to one adult per child.

2. Modify access to facility to prevent inadvertent interaction between arriving and departing adults and children. See [CDC guidance](#), updated on 31 December 2020. Stagger start and end times of activities and programs to reduce peak traffic. Avoid creating a peak-traffic point at any time during operations including end and closing of shifts.
3. Suspend visits and tours of facilities for anyone other than children served and staff during operational hours. Allow staff from DCF, DOH, and other regulatory entities to inspect facilities and provide technical support when necessary.
4. All cleaning and disinfecting materials should be kept secure and out of reach of children.
5. Cleaning and disinfecting products should not be used near children, and staff should ensure that there is adequate ventilation when using these products to prevent children from inhaling toxic fumes.
6. [CDC Guidance for Cleaning and Disinfecting](#) (updated 21 December 2020):
 - C. Require that each child has their own set of materials. Prohibit sharing of items between children as much as possible.
 - D. Clean and disinfect each item before and between uses.
 - E. Inform parents that children should leave toys and blankets and their comfort items at home to reduce the introduction of new objects. Accommodations should be made for children with disabilities or special needs.

Parent Drop-Off and Pick-Up

- A. If possible, greet children outside or at the door as they arrive. In case of inclement weather, parents should stay in their vehicles and staff should notify when the first station is available for them to start their drop off process.
- B. Limit drop-off and pick up to no more than 5 minutes. Discourage families from being sidetracked and socializing.
- C. Consider staggering arrival and drop off times and plan to limit direct contact with parents as much as possible.
- D. Encourage families to use the same adult for both drop-off and pick up whenever possible. If possible, older people such as grandparents over 65 years old or those with serious underlying medical conditions should not pick-up children because they are more at risk for severe illness from COVID-19.

- E. Require adults to wear a face covering and maintain social distancing at all times while inside the childcare setting and do not allow entry into the childcare space, such as the classroom.
- F. Caregivers and staff should not engage in hand shaking, hugging, or other physical contact.
- G. Assign a designated area for strollers/car seats which are to remain outside classrooms.

Athletic Activities Organized Sports

- A. Sports organizers should prohibit access to locker rooms whenever possible. Participants should arrive to the venue dressed for play. If locker rooms and showers are a necessity, sports organizers should require all entrants to wear a face covering at all times and the space should be configured with signage, tape, and other markings to ensure participants can maintain 6 feet social distance at all times.
- B. Sports organizers should designate an area for spectators with existing seating (e.g., bleachers) or in space around the area of play. Organizers should ensure there is space available so that spectators can maintain at least 6-foot social distance between themselves and spectators that are not members of the same household or party.
- C. Sports organizers or venues should configure space to ensure there is at least 30 feet between spectators and participants or, in case 30 feet is not practicable for the venue, spectators are seated on the opposite side of the playing space (e.g., field, court) from participants not actively engaged in play and at a distance of least 12 feet from participants.
- D. Sports organizers and venues that provide concessions should follow Restaurant and Bar guidelines for all food and beverage.
- E. If practical, sports organizers and venues should expand seating beyond current capacity (e.g., bleachers, stands) by utilizing any available field or court space to encourage social distancing between spectators. a. Use portable seating from other activity areas. b. Encourage spectators to bring their own seating (e.g., chairs) from home.
- F. Sports organizers should stream practices and games online, when possible, to promote virtual spectating.

Gyms, Studios, and Fitness Centers

- A. Encourage outdoor exercise, classes, sessions, etc. where possible, so long as appropriate physical distancing is maintained at all times and any equipment used is sanitized after each use.
- B. Personal trainers should maintain 6 feet of distance from clients to the extent possible and should minimize any prolonged close contact.
- C. Require customers to sign up for classes in advance.
- D. Limit employees to discrete work zones to minimize overlap where possible.

- E. Schedule 30-minute windows between classes to allow for thorough cleaning and appropriate ventilation of the fitness room, and to discourage congestion.
- F. Clearly designate staff responsible for sanitizing, cleaning, and supervision during each shift.
- G. Close or mark lockers to enforce 6 feet social distancing, especially in locker rooms. Lockers should be sanitized after each use. Gyms should provide sanitizing wipes near the lockers or in the locker room.
- H. Social distancing of at least 6 feet is required for all individuals in shower and locker room areas.
- I. Consider setting aside specific hours of operation exclusively for vulnerable populations.
- J. Require that towels be stored in clearly labeled (clean vs. soiled) sanitary containers. Appropriate temperatures shall be used when washing and drying towels. Employees should wear proper protective equipment (gloves and face covering) while handling towels. Towels should not be shaken out.

Grocery and Convenience Stores

- A. Have the same groups of employees work together when possible.
- B. Institute no-touch payment methods and practices.
- C. Relocate electronic payment terminals away from the cashier to increase the distance between customer and cashier.
- D. Reduce store hours to allow for proper cleaning and stocking.
- E. Schedule stocking and deep cleaning when the business is not open for customers.
- F. Separate cashiers by opening every other register.
- G. Mark 6 feet between cashiers and customers in check-out lanes.
- H. Install barriers, guards, or partitions where customers and workers interact.

Festivals and Special Events

- A. Site Control
 1. Controlled ingress and egress are critical during initial reopening of community festivals and events. Ingress/egress points will vary greatly dependent upon unique footprints, but several standard considerations will apply to many events.
 2. Strong considerations to gated entry are highly encouraged. Many community events are free and open to the public. However, this greatly limits an event's ability to control crowd capacities, and enforce any new safety guidelines.
 3. Gated points of entry should consider all possible touch points, including, but not limited to: temporary barricades, tickets, wristbands, hand stamps, ID checks, bag searches, check-in tables, metal detectors, etc.
 4. Consider ways to move all admission procedures to online, virtual or touchless procedures.

5. Consider how you record admission to control capacity.
6. Consider the speed at which attendees can be safely granted entry and how to maintain proper social distancing while waiting in lines.
7. Prioritize advanced, cashless, admission sales.
8. Consider implementing a no-bag or clear-bag policy to eliminate bag checks.
9. Create one-way ingress/egress points.
10. Create “pedestrian flow” within event sites.

B. Food and Beverage

1. Space vendors throughout your site to eliminate food and beverage gathering points.
2. Eliminate food and beverage seating unless your footprint allows for proper table and seating spacing and you provide sanitation and cleaning attendants of tables and chairs.
3. Condiments should be served with food orders or only at attendees’ request, in disposable single-use packages. Open condiment service buffets should not be used.
4. Utensils should be disposable in nature and provided to attendees individually. Straws, stirrers, napkins and cutlery dispensers should not be used.
5. Follow ingress/egress protocols and have clearly designated entry and exit points.
6. Food and beverage samplings are discouraged at this time.

Resources

[Centers for Disease Control and Prevention \(CDC\)](#)

[World Health Organization \(WHO\)](#)

[Florida Department of Health](#)

[Handwashing](#)

[Face covering](#)

[Cough etiquette](#)

[Symptoms associated with COVID-19](#)

[Stop the spread of germs](#)

[Physical distancing](#)

[Stay home if you are sick](#)

[Safe Greetings](#)

[Florida Department of Education \(DOE\)](#)

[Florida Department of Health \(FDOH\) guidelines](#)

[Miami-Dade County “New Normal, A Guide for Residents and Commercial Establishments”](#)

[AIHA, Reopening: Guidance for Childcare Centers, Version 3, July 15, 2020](#)

Appendices

[Miami-Dade Communications Materials](#)

[Screening for COVID-19 display](#)

[CDC Guidelines for Visiting Parks and Recreation Facilities](#)

[Guidance for Businesses and Employers Responding to Coronavirus Disease 2019 \(COVID-19\)](#)

[COVID-19 Guidance for Aquatics](#)

[COVID-19 Guidance for Businesses and Employees](#)

[OSHA COVID-19 Control and Prevention](#)

[CDC Guidance Solid Waste and Wastewater Management Workers and Employers](#)

[OSHA Guidance on Preparing Workplaces for COVID-19](#)

[OSHA Guidance for Cleaning and Disinfecting](#)

[CDC Environmental Cleaning and Disinfection Recommendations](#)

[EPA List of Cleaning Products](#)